ABSOLUTE MOUNTAIN BIKING THE KZN MIDLANDS 24 - 28 SEPTEMBER

2025



YOU'RE IN FOR AN ADVENTURE

The KZN midlands offers mountain bikers and their families many wonderful experiences and we are excited for you to join us on this adventure. Absolute Motion has been hosting mountain bike camps for close to 10 years and our experienced team will make this a weekend not to forget.

This riding weekend is open for those who want to ride as well as your family who won't be riding. There is lots to do and see for the non-riders. We will be doing some reasonably long distances as well as riding the wonderful trails in and around the KZN Midlands.

You need to be a reasonably accomplished mountain biker to fully enjoy these couple of days. If you have doubt whether you will be able to do the planed rides, give Johann a call on 082 857 3735 to confirm.

WHERE WILL WE STAY?

We will be staying at <u>Hebron Haven hotel</u> on the Dargle Road, very close to the famous Piggly Wiggly. Hebron Haven is an old-style country hotel and it's a very "lekker" place to rest, relax and ride your bike from.



THE PROGRAM

Wednesday 24 September

14h00 - Start to arrive @ Hebron Haven

18h00 - Welcome and briefing

18h30 - Supper @ Hebron Haven

Thursday 25 September

6h30 - Breakfast

7h30 - Ride starts.

13h30 - Lunch

18h00 - Discussion time

18h45 - Supper @ Hebron Haven

Friday 26 September

6h30 Breakfast

7h30 Ride starts.

13h30 +- Lunch

18h00 Discussion time

18h45 Supper @ Hebron Haven

19h00 Live music @ Hebron Haven

Saturday 27 September

6h30 - Breakfast

7h30 - Leave in vehicles to Karkloof Country Club from where the ride will start (20min drive)

8h30 - Ride starts.

We will be doing a 45km mainly single-track route that will take us past the picturesque Karkloof Falls and through some of the very best mountain bike trails in South Africa. With all the single-track riding is slow and this day will take around 5 hours. The Karkloof mtb trail network has been voted best in SA for many years in a row and offers something for everyone

13h30 - Lunch @ Karkloof Club and travel back to Hebron Haven at your leisure

18h00 - Discussion time.

18h45 - Supper @ Hebron Haven

Sunday 28 September

8h00 - Breakfast

9h00 - Say our goodbyes



WHAT IS INCLUDED AND WHAT NOT?

INCLUDED

- 4 x Nights' accommodation
- 4 x Breakfast
- 4 x Supper
- 2 x Trail Guides
- Route maps
- All the required trail passes
- Back-up vehicle
- Qualified 1st Responder in case of an emergency
- Ride snacks, energy products, sandwiches, Coke, etc. on route
- Something special to remind you of this adventure
- Knowledge share each evening

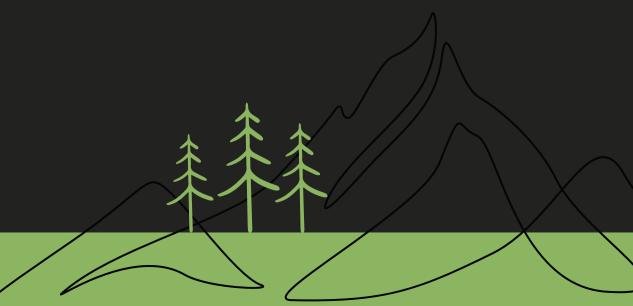
NOT INCLUDED

- Lunch ... this will be for your own account.
- Bar bill.



THE COST:

R6750 per rider sharing / R5000 per non rider sharing



OTHER INFORMATION

- We have space for 30 people only. If you are committed to join us, please register <u>HERE</u>. You will then receive an invoice of which 50% is payable by 1 August to secure your spot.
- We will share more route information, bike information as well as discussion points once you have registered.

NOTE:

This is not a race, and we want to give you all the opportunity to enjoy the experience as well as learn. We are available to help and assist you with singletrack skills as we go through the trails. We will not be riding any of the very technical trails at Howick or Karkloof, so those of you who are a bit nervous, please don't be.

Feel free to address any questions to **Johann** on contact no 082 857 3735.

See you in KZN soon!

The Absolute Motion team
#lovetheride

