

TERMS OF COACHING – ABSOLUTE MOTION COACHING

1. Confidentiality

Absolute Motion Coaching endeavours to treat all client information as private and confidential. We will never share your personal information or coaching content with third parties without your prior written consent, except where required by law or to prevent imminent harm.

2. The Process

- A dedicated coach will be assigned to you, after which a take-on meeting will be scheduled to explain our coaching methodology.
- You will be required to sign a formal Client Coaching Agreement prior to commencing regular sessions.
- These Terms of Coaching form an integral part of your engagement with Absolute Motion Coaching.

3. Fees and Payment

- Coaching fees are payable monthly in advance upon receipt of an invoice or via our automated subscription service.
- Payments must be settled by [e.g., the 1st of every month / within 7 days of invoice date].
- Absolute Motion Coaching reserves the right to suspend coaching services in the event of overdue payments.

4. Termination & Notice

- Services are offered on a month-to-month basis with no long-term commitment.
- Termination requires one (1) full calendar month's written notice sent to Absolute Motion Coaching.
- For clarity: Written notice provided at any point during a given month will take effect at the end of the following calendar month (e.g., notice given on June 15th results in termination effective July 31st).

- Non-payment does not automatically constitute cancellation. Non-payment constitutes a breach of this agreement, and the client remains liable for all fees until the required notice period has expired.

5. Disclaimer & Professional Boundaries

Coaching is designed to provide guidance, accountability, and strategic support. Coaching services do not constitute medical, psychological, legal, or financial advice.

6. Governing Law

These terms shall be governed by and construed in accordance with the laws of South Africa.